

Central Cross Country Skiing at Mt. Itasca

Midwest Junior National Qualifier / High School / Citizen Race

January 25, 2014

10k Freestyle / 5k Freestyle / 3k Freestyle



Senior Women 5k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	22	Alice	Flanders	F	Michigan Tech	14:36.8	00:00.0	02:55.4
2	18	Felicia	Gesior	F	NMU	15:19.6	00:42.8	03:03.9
3	13	Mary	Cirelli	F	NMU	15:22.6	00:45.8	03:04.5
4	21	Lynn	Duijndam	F	Michigan Tech	15:23.4	00:46.5	03:04.7
5	9	Marian	Lund	F	GAC	15:23.7	00:46.9	03:04.7
6	12	Paige	Schember	F	St. Olaf	15:27.3	00:50.5	03:05.5
7	19	Sarah	Allen	F	CSS	15:31.3	00:54.5	03:06.3
8	15	Marit	Sonnesyn	F	GAC	15:36.1	00:59.3	03:07.2
9	7	Kailey	Mucha	F	Green Bay	15:42.3	01:05.5	03:08.5
10	14	Hannah	Boyer	F	NMU	15:44.8	01:08.0	03:09.0
11	10	Deedra	Irwin	F	Michigan Tech	15:50.1	01:13.3	03:10.0
12	20	Lisa	König	F	Michigan Tech	16:00.1	01:23.3	03:12.0
13	27	Bree	Mucha	F	Green Bay	16:14.0	01:37.2	03:14.8
14	3	Rachel	Mason	F	Michigan Tech	16:18.4	01:41.6	03:15.7
15	1	Chelsey	Youngberg	F	CSS	16:18.8	01:42.0	03:15.8
16	17	Brooke	Adams	F	CSS	16:20.1	01:43.3	03:16.0
17	2	Elizabeth	Peterson	F	CSS	16:25.9	01:49.1	03:17.2
18	4	Anita	Kirvesniemi	F	CSS	16:31.4	01:54.6	03:18.3
19	24	Sarah	Daniels	F	Michigan Tech	16:37.5	02:00.7	03:19.5
20	25	Hanne	Guthrie	F	Green Bay	16:37.6	02:00.8	03:19.5
21	5	Mata	Agre	F	GAC	16:51.4	02:14.6	03:22.3
22	6	Katherine	Banken	F	SCSU	17:15.1	02:38.3	03:27.0
23	48	Katie	Burger	F	Unattached	17:38.7	03:01.9	03:31.7
24	35	Ruth	Oppliger	F	Michigan Tech	18:01.6	03:24.8	03:36.3
25	33	Kelsey	Cork	F	St. Olaf	18:17.6	03:40.8	03:39.5
26	38	Gretchen	Mueller	F	St. Olaf	18:42.5	04:05.7	03:44.5
27	49	Mary	Kozloski	F	Green Bay	18:45.7	04:08.8	03:45.1
28	31	Halle	Weisman	F	SCSU	19:28.1	04:51.3	03:53.6
29	43	Megan	Allen	F	GAC	19:34.9	04:58.0	03:55.0
30	55	Krista	White	F	Green Bay	19:59.6	05:22.8	03:59.9
31	42	Cherisse	Wolington	F	SCSU	20:15.2	05:38.4	04:03.0
32	46	Ari	Benoit	F	SCSU	20:42.3	06:05.5	04:08.5

U20 Women 5k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	8	Kristen	Bourne	F	NMU	15:38.8	00:00.0	03:07.8
2	16	Sonja	Hedblom	F	Loppet Nordic Racing	15:59.4	00:20.6	03:11.9
3	28	Sophie	Schimpl	F	NMU	16:08.3	00:29.5	03:13.7
4	30	Nora	Gilbertson	F	St. Olaf	16:29.8	00:51.0	03:18.0

5	26	Elizabeth	Evans	F	CSS	16:54.5	01:15.8	03:22.9
6	53	Kayla	Billett	F	Green Bay	17:15.9	01:37.1	03:27.2
7	39	Carolyn	Lucca	F	Lake Superior Ski Cl	17:19.7	01:40.9	03:27.9
8	50	Evelyn	Delong	F	CSS	17:24.5	01:45.7	03:28.9
9	44	Emma	Barnes	F	Iola Ski Team	17:35.8	01:57.0	03:31.2
10	23	Ulrika	Axelsson	F	Michigan Tech	17:44.0	02:05.2	03:32.8
11	54	Cassie	Thobe	F	Green Bay	18:25.7	02:46.9	03:41.1
12	34	Anna	Nelson	F	CSS	18:28.4	02:49.6	03:41.7
13	52	Josephine	Brekke	F	St. Olaf College	18:31.0	02:52.2	03:42.2
14	29	Vesselina	Pearsall	F	Loppet Nordic Racing	18:37.7	02:58.9	03:43.5
15	56	Mattia	Hendrickson	F	SJU	18:39.6	03:00.9	03:43.9
16	57	Caitlin	McGoldrick	F	SJU	18:47.0	03:08.2	03:45.4
17	45	Kiersten	Haaversen	F	SCSU	19:16.9	03:38.1	03:51.4
18	37	Haley	Bell	F	GAC	19:30.2	03:51.4	03:54.0
19	40	Allie	Aufderheide	F	St. Olaf College	19:43.7	04:04.9	03:56.7
20	41	Mikki	Hartman-Mattson	F	St. Olaf College	20:03.4	04:24.6	04:00.7
21	58	Laura	Nicholson	F	Endurance United	20:56.3	05:17.5	04:11.3
22	51	Clara	Boyle	F	SCSU	21:15.8	05:37.0	04:15.2
23	47	Annika	Olson	F	GAC	21:58.0	06:19.2	04:23.6
24	36	Megan	Jones	F	SCSU	22:50.9	07:12.1	04:34.2

U18 Women 5k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	66	Racquel	Wohlk	F	Nordicwerks	15:33.2	00:00.0	03:06.6
2	65	Alayna	Sonnesyn	F	SISU	15:48.2	00:15.0	03:09.6
3	75	Margie	Freed	F	Loppet Nordic Racing	16:11.1	00:37.9	03:14.2
4	74	Sarah	Bezdicek	F	Loppet Nordic Racing	16:15.7	00:42.5	03:15.1
5	78	Erin	Bolger	F	Lakeland Ski Team	16:19.2	00:46.0	03:15.8
6	67	Allison	Ternes	F	Loppet Nordic Racing	16:22.1	00:48.8	03:16.4
7	70	Nicole	Schneider	F	Loppet Nordic Racing	16:25.6	00:52.4	03:17.1
8	73	Ellie	Hands	F	SISU	16:40.7	01:07.5	03:20.1
9	83	Michaela	Keller-Miller	F	SISU	16:48.8	01:15.6	03:21.8
10	76	Ellen	McCarthy	F	SISU/EnduranceUnite	17:05.2	01:31.9	03:25.0
11	81	Kristine	Keller-Miller	F	SISU	17:17.1	01:43.9	03:27.4
12	68	Caroline	Brisbois	F	EnduranceUnited-SISU	17:18.2	01:45.0	03:27.6
13	69	Madeline	McKeefry	F	SISU	17:21.7	01:48.5	03:28.3
14	79	Tori	Felton	F	Loppet Nordic Racing	17:31.7	01:58.5	03:30.3
15	82	Mackenzie	Keller-Miller	F	SISU	17:34.5	02:01.3	03:30.9
16	87	Elizabeth	Slaby	F	ANST	18:04.9	02:31.7	03:37.0
17	86	Julianna	French	F	Grand Rapids	18:16.9	02:43.7	03:39.4
18	77	Anna	Nachbor	F	Loppet Nordic Racing	18:31.9	02:58.6	03:42.4
19	85	Daisy	Richmond	F	Loppet Nordic Racing	18:53.6	03:20.3	03:46.7
20	84	Annika	Martell	F	Eastview High School	19:06.1	03:32.9	03:49.2
21	72	Keely	Jackson	F	Loppet Nordic Racing	19:53.4	04:20.2	03:58.7

U16 Girls 5k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	228	Erin	Moening	F	Endurance United-SIS	17:27.2	00:00.0	03:29.4
2	238	Kelly	Koch	F	Loppet Nordic Racing	17:36.4	00:09.2	03:31.3
3	237	Abigail	Jarzin	F	Ashwaubenon Nordic	17:39.0	00:11.8	03:31.8
4	225	Amanda	Kautzer	F	Loppet Nordic	17:39.2	00:12.0	03:31.8
5	235	Dottie	Anderson	F	Loppet Nordic Racing	18:02.1	00:34.8	03:36.4
6	232	Sadie	Peterson	F	WXC	18:02.5	00:35.2	03:36.5
7	230	Anna	Johnson	F	Mesabi East HS	18:04.4	00:37.2	03:36.9
8	226	Elsa	Ubel	F	SISU Foundation	18:16.7	00:49.4	03:39.3
9	231	Renae	Anderson	F	Loppet Nordic Racing	18:24.4	00:57.2	03:40.9
10	234	Kylie	Kraemer	F	Loppet Nordic Racing	18:24.7	00:57.5	03:40.9
11	229	Kyra	Jackson	F	Loppet Nordic Racing	18:48.9	01:21.7	03:45.8
12	241	Madeline	Williams	F	SISU	19:07.2	01:40.0	03:49.4
13	227	Claire	Benton	F	Loppet Nordic Racing	19:15.5	01:48.2	03:51.1
14	233	Evelyn	Frenz	F	Wayzata High School	19:23.5	01:56.2	03:52.7
15	240	Victoria	Trantow	F	MadNorSki / CXC	19:53.9	02:26.7	03:58.8
16	236	Miranda	Overland	F	NordicWerks	20:14.1	02:46.8	04:02.8
17	239	Ketzel	Levens	F	4H CANSKI	21:51.4	04:24.2	04:22.3

U14 Girls 3k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	258	Lucia	Wyland	F	Hibbing Nordic	11:15.4	00:00.0	03:45.1
2	257	Anna	Edmunds	F	4H CANSKI	13:52.9	02:37.5	04:37.6

U12 Girls 3k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	260	Liv	Wyland	F	Hibbing Nordic	20:28.3	00:00.0	06:49.4
2	259	Liisa	Wyland	F	Hibbing Nordic	22:36.4	02:08.1	07:32.1

Senior Men 10k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	110	Paul	Schommer	M	CSS	24:53.6	00:00.0	02:29.4
2	119	George	Cartwright	M	NMU	25:17.6	00:24.0	02:31.8
3	116	Kyle	Bratrud	M	NMU	25:18.7	00:25.1	02:31.9
4	124	Jake	Brown	M	St. Olaf	25:41.1	00:47.5	02:34.1
5	123	Fredrik	Schwencke	M	NMU	25:42.7	00:49.2	02:34.3
6	102	Raphael	Bechtiger	M	Michigan Tech	26:44.8	01:51.3	02:40.5
7	113	John	Wessling	M	CSS	26:50.2	01:56.6	02:41.0
8	125	Matt	Wong	M	Michigan Tech	27:07.0	02:13.4	02:42.7
9	109	Sam	Elfstrom	M	NMU	27:07.4	02:13.9	02:42.7
10	114	Matt	Dugan	M	Michigan Tech	27:09.1	02:15.5	02:42.9
11	117	Chris	Parr	M	CSS	27:09.8	02:16.2	02:43.0
12	121	Scott	Johanik	M	CSS	27:11.8	02:18.2	02:43.2
13	127	Josh	Blankenship	M	GAC	27:24.5	02:30.9	02:44.4
14	106	Scott	Williams	M	GAC	27:25.3	02:31.7	02:44.5
15	101	Tyler	Gustafson	M	GAC	27:25.4	02:31.8	02:44.5
16	120	Joe	Dubay	M	CSS	27:26.4	02:32.9	02:44.6
17	130	Matt	Lee	M	CSS	27:38.7	02:45.1	02:45.9

18	104	Reitler	Hodgert	M	CSS	27:39.6	02:46.1	02:46.0
19	112	Jay	Woodbeck	M	Michigan Tech	27:40.5	02:46.9	02:46.0
20	105	Ben	Hugus	M	NMU	27:44.4	02:50.8	02:46.4
21	108	Krystof	Kopal	M	NMU	27:50.6	02:57.1	02:47.1
22	131	Calvin	Mehrhof	M	CSS	28:09.3	03:15.7	02:48.9
23	128	Nick	Power	M	CSS	28:18.9	03:25.3	02:49.9
24	107	James	Richards	M	CSS	28:27.3	03:33.7	02:50.7
25	160	Sam	Holmes	M	Michigan Tech	28:34.3	03:40.8	02:51.4
26	103	Edward	Gurney	M	Green Bay	28:45.6	03:52.0	02:52.6
27	169	Tony	Squillace	M	GAC	29:06.3	04:12.8	02:54.6
28	163	David	Joda	M	Michigan Tech	29:19.1	04:25.6	02:55.9
29	158	Christopher	Nichols	M	Green Bay	29:31.3	04:37.7	02:57.1
30	159	Nate	Ley	M	SJU	29:40.5	04:46.9	02:58.1
31	138	Jake	Bauer	M	Green Bay	29:41.6	04:48.0	02:58.2
32	164	Marcus	Specca	M	GAC	29:52.5	04:58.9	02:59.3
33	148	Kellen	Witschen	M	SJU	29:54.3	05:00.7	02:59.4
34	140	Paul	Choudoir	M	Green Bay	29:58.8	05:05.2	02:59.9
35	150	Nels	Thompson	M	St. Olaf	30:17.6	05:24.1	03:01.8
36	143	Nate	Engel	M	SJU	31:12.4	06:18.8	03:07.2
37	136	Phillip	Anschutz	M	Green Bay	31:19.4	06:25.8	03:07.9
38	141	Ian	Fritz	M	SJU	33:51.5	08:58.0	03:23.2
39	142	Dan	Wattenhofer	M	SJU	36:23.8	11:30.3	03:38.4

U20 Men 10k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	122	Tom	Bye	M	Loppet Nordic Racing	26:18.1	00:00.0	02:37.8
2	118	Luke	Brown	M	Loppet Nordic Racing	26:34.1	00:15.9	02:39.4
3	115	Matthew	Nichols	M	Green Bay	26:41.1	00:23.0	02:40.1
4	126	Kyle	Hanson	M	Michigan Tech	27:39.1	01:21.0	02:45.9
5	162	Liam	John	M	St. Olaf	27:56.6	01:38.5	02:47.7
6	149	Kyle	Marshall	M	Green Bay	28:28.0	02:09.9	02:50.8
7	133	Evan	Kendall	M	St. Olaf	28:36.5	02:18.3	02:51.6
8	134	Andrew	Egger	M	Loppet Nordic Racing	28:48.3	02:30.2	02:52.8
9	144	Anders	Evenson	M	St. Scholastica	28:59.7	02:41.5	02:54.0
10	151	Harris	Dirnberger	M	CSS	29:09.0	02:50.9	02:54.9
11	111	Scott	Harrison	M	Loppet Nordic Racing	29:26.7	03:08.5	02:56.7
12	170	Sean	Baker	M	NNW	29:29.5	03:11.4	02:56.9
13	165	Scott	Pederson	M	college/unattached	30:29.0	04:10.9	03:02.9
14	168	Ben	Lindberg	M	Green Bay	30:29.1	04:11.0	03:02.9
15	137	Samuel	Sinkler	M	Loppet Nordic Racing	30:29.4	04:11.3	03:02.9
16	154	Samuel	Boardman	M	Loppet Nordic Racing	30:37.1	04:18.9	03:03.7
17	155	Syver	Johansen	M	Loppet Nordic Racing	30:42.4	04:24.2	03:04.2
18	167	Luke	Israel	M	GAC	31:02.3	04:44.2	03:06.2
19	153	Eric	Wagner	M	GAC	31:11.4	04:53.3	03:07.1
20	166	Logan	Brueck	M	Brueck House	31:27.3	05:09.2	03:08.7
21	157	Derek	Huntley	M	GAC	31:44.7	05:26.5	03:10.5
22	152	Sam	Longenbach	M	St. Olaf College	33:30.6	07:12.4	03:21.1
23	171	Joe	Rabaey	M	SJU	33:51.6	07:33.5	03:23.2

24	161	Jared	Grootwasink	M	SJU	33:56.0	07:37.8	03:23.6
25	146	Matt	Lerick	M	SJU	34:23.1	08:04.9	03:26.3
26	145	Ben	Hodapp	M	SJU	35:21.5	09:03.3	03:32.1
27	139	Tyler	Thompson	M	SJU	35:37.3	09:19.2	03:33.7

U18 Men 10k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
					Loppet Nordic Racing			
1	174	Ian	Torchia	M		27:00.2	00:00.0	02:42.0
2	181	Zak	Ketterson	M	Loppet Nordic Racing	27:18.2	00:18.0	02:43.8
3	177	Dan	Delestry	M	Chippewa Valley Nord	28:20.6	01:20.3	02:50.1
4	182	Nick	Gardner	M	SISU	28:28.1	01:27.9	02:50.8
5	183	Leo	Hipp	M	Nordicwerks	28:30.3	01:30.1	02:51.0
6	175	Sean	Cork	M	Loppet Nordic Racing	28:44.7	01:44.4	02:52.5
7	178	Mack	Fitzpatrick	M	Lakeland Ski Team	29:11.2	02:11.0	02:55.1
8	186	Ian	Liphart	M	4HCANSKI	29:11.5	02:11.2	02:55.1
9	179	Quinn	Duffy	M	Nordicwerks SkiKlubb	29:41.1	02:40.8	02:58.1
10	176	Tamer	Mische-Richter	M	SISU	29:50.6	02:50.4	02:59.1
11	184	Stephen	Hokanson	M	SISU	29:53.5	02:53.2	02:59.3
					Loppet Nordic Racing			
12	196	Samuel	Shaheen	M		30:40.8	03:40.6	03:04.1
13	189	Reed	Melicher	M	Mesabi East Hs	30:49.5	03:49.3	03:05.0
14	195	Aaron	Ostrander	M	SISU	30:57.8	03:57.6	03:05.8
15	199	Sean	Heaton	M	Maple Groove Nordic	31:00.8	04:00.6	03:06.1
16	188	Rhett	Carlson	M	Loppet Nordic Racing	31:23.1	04:22.8	03:08.3
17	185	Jake	Ajax	M	Loppet Nordic Racing	31:38.3	04:38.1	03:09.8
18	180	Thomas	Babcock	M	Nordicwerks	31:43.5	04:43.2	03:10.3
19	193	Henry	Jarvinen	M	Loppet Nordic Racing	31:48.9	04:48.6	03:10.9
20	198	Cam	Christiansen	M	NNW	32:18.7	05:18.4	03:13.9
21	194	Davis	Long	M	Nordicwerks	32:22.0	05:21.7	03:14.2
22	190	Samuel	Anderson	M	SISU	32:28.1	05:27.8	03:14.8
					EnduranceUnited/SIS			
23	197	Griffin	Snow	M	U	32:32.5	05:32.3	03:15.3
24	200	Ryan	Peterson	M	MGMNT	33:03.6	06:03.3	03:18.4
25	191	Carter	Blankenship	M	Wayzata High School	33:13.8	06:13.5	03:19.4
26	192	Gabe	Forest	M	Madison Nordic Ski C	33:36.0	06:35.8	03:21.6
27	301	Kevin	Geisen	M	4HCANSKI	36:01.1	09:00.8	03:36.1

U16 Boys 5k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	206	Nathaniel	Blichfeldt	M	Loppet Nordic Racing	14:53.5	00:00.0	02:58.7
2	204	Patrick	Acton	M	Eagan High School	14:54.0	00:00.5	02:58.8
3	209	Xavier	Mansfield	M	Loppet Nordic Racing	14:56.6	00:03.1	02:59.3
4	201	Henry	Gore	M	Madison Nordic Ski C	15:00.1	00:06.6	03:00.0
5	220	Larson	Alex	M	Loppet Nordic Racing	15:11.2	00:17.7	03:02.2
6	202	Russell	O'Brien	M	Madison Nordic Ski C	15:26.2	00:32.6	03:05.2
7	205	Thomas	Woolhouse	M	WXC	15:38.3	00:44.8	03:07.7
8	208	Torsten	Brinkema	M	Loppet Nordic Racing	15:39.7	00:46.2	03:07.9
9	203	Michael	Jarzin	M	Ashwaubenon Nordic	15:56.5	01:03.0	03:11.3

9	214	Seth	Barnes	M	Iola Winter Sports	15:56.5	01:03.0	03:11.3
11	213	Adlai	Sinkler	M	Loppet Nordic Racing	16:18.4	01:24.9	03:15.7
12	218	Amos	Kolodji	M	Hibbing HS Nordic	16:22.3	01:28.8	03:16.5
13	207	Colin	Liphart	M	4HCANSKI	16:43.7	01:50.2	03:20.7
14	210	George	Jarvinen	M	Loppet Nordic Racing	16:44.8	01:51.3	03:21.0
15	217	Ben	Olson	M	Endurance United	16:49.1	01:55.5	03:21.8
16	219	Lochlan	Baird	M	Hibbing Nordic	17:21.9	02:28.4	03:28.4
17	212	Kavanaugh	FitzPatrick	M	Lakeland Nordic	17:32.3	02:38.8	03:30.5
18	211	Matthew	Kubik	M	4H-CANSKI	18:39.3	03:45.8	03:43.9
19	216	Derek	Kozak	M	4H Canski	18:52.1	03:58.6	03:46.4
20	215	Matthew	Bourne	M	EnduranceUnited/SISL	22:01.4	07:07.8	04:24.3

U14 Boys 3k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	252	Dalton	Collins	M	4H-CANSKI	12:21.4	00:00.0	04:07.1
2	254	James	Woolhouse	M	WXC	12:53.8	00:32.5	04:17.9
3	253	Bradley	Kubik	M	4H-CANSKI	13:45.5	01:24.2	04:35.2

Citizen Men 10k Freestyle

Place	Bib	First Name	Last Name	Sex	Team	Total Time	Time Back	Pace
1	172	Chris	Sachs	M	Endurance United	29:38.1	00:00.0	02:57.8
2	173	John	Oman	M	CXC Para Nordic	39:22.9	09:44.9	03:56.3
3	302	James	Dickinson	M	Crystal, ND	1:14:22	44:44.4	07:26.3